

## Nurse Weight Management Clinics

This is a brief guide to our Bicester Vets Nurse weight management clinics for pets.

A weight management clinic may have been recommended by one of our vets or nurses for a pet who is above their ideal weight and where the owner would like assistance to get it to a more healthy weight.

Your pet would be booked in for an Initial Weight Clinic of 30 mins duration. During this time the nurse will:

- weigh your pet
- take baseline measurements of various parts of their body
- collect a history including exercise habits and your pet's feeding regime

In discussion with you, they will formulate an initial weight management plan to follow. They will also book a subsequent 15 minute clinic appointment where they will reweigh & re-measure your pet before discussing progress and tweaking the plan if necessary.

It is important that clients embarking on this course of action are committed to the process, to give the best chance of a positive outcome for your pet. Our clinic nurses are all fully trained and will give you the support and guidance needed to make a long term, positive impact on the life of your pet.

The charge for the initial 30 min nurse consultation is £25 whilst the subsequent 15min clinics are £12.50 each.

If that sounds like something you'd like to try for your pet, then please contact the practice to book your initial 30 min nurse weight management clinic. You can message us through PetsApp or phone the practice on 01869 252077 to book in.

